



# The Nutrition CODE

## Potato Salad

### Mix in a large bowl:

- 8 cups cooked, cubed potatoes
- 3 stalks celery, finely chopped
- 1 small onion, finely chopped
- 1/2 cup pickle relish

### Stir together for dressing:

- 1 1/2 cups vegan mayonnaise (I used Veganaise)
- 3 Tbsp. chopped fresh parsley
- 1 tsp. onion powder
- 2 tsp. salt (or more to taste)
- 1/4 tsp. turmeric
- 1 Tbsp. chopped fresh dill

**Pour over vegetables and stir. Refrigerate for a few hours or overnight before serving to allow flavors to blend.**

**Burgers:** Morning Star Farms Veggie Burgers

Purchased from:

Three Angels Natural Foods & Christian Books

24845 State Road 19, Cicero, IN 46034

Phone: (317) 984-5393

**Dessert:** So Delicious brand ice cream bars